# LAURA BOYD

Inspiring leaders through world-class curriculum, coaching, and community.



## **ABOUT LAURA**

LauraBoyd, founder of LeadershipDelta, transforms organizations through her proprietary "Delta Method" becauseshebelieves leadershipisthe ultimatecatalyst for change, strategy, and growth. With over 30 yearsofexperience spanninglargecompanies, emerging startups, and non-profits, Laura has guided executive teams from the boardroom to breakthrough results.

As a former executive leaderturned strategic advisor, Laura tackles the real challenges leaders face: defeating self-doubt, conquering key moments, building authentic trust, and creating lasting legacies. Her expertise in leadership developments, strategic development, and succession planning helps organizations not just survive change, but thrive through it. She combines her master's in Organizational Leadership with real-world experience as both a business owner and executive team member.

## **Customized for your organizations needs**

KeynoteAddress Half/Full DaySeminars Workshops Breakout Sessions
Internal/Extermal Forums Corporate Events Virtual/In-Person Master of Ceremonies

## **SPEAKING TOPICS**

**Doubt is Inevitable. Defeat is Optional.** There are about 60,000 thoughts that go through our head in a day's time and about 59,000 of those thoughts are the same ones you had the day before with the majority of those thoughts being shameful or negative. Until you start to recognize those thoughts as self-limiting beliefs, you will have a hard time shifting your mindset into believing in yourself and your own self-worth. This session will provide ways to recognize those thoughts, change the vernacular, and work on talking to yourself the way you talk with your friends.

## **Conquering Your Key Moments**

We are effective and successful in most aspects of our lives. Our key moments represent those areas in which we struggle. Our key moments are patterns which we are destined to repeat over and over again until we make the decision to overcome them. The key to overcoming our key moments is the principle of intent. Once we choose to grow from our key moments, we need to explore the response chain and understand our reactions. Join us to learn more about the key moments in your life that is allowing you just to survive and how to turn that into success.

#### **Leading a Legacy**

In a world where things are changing rapidly, it is critical to determine your desired legacy. Leading people, teams, families, communities, ourselves requires us to truly define how we want to show up in the world. Whether you're a business owner, executive, manager, team member, mentor, or friend truly knowing how you want to leave the world even just a little better is worth the time to invest. Join us as we will focus on defining what your legacy could be and how to get there.

Strive for Excellence, Not Perfection Remember the days when perfection was something said in an interview as a weakness, yet, did the candidate really believe it to be a weakness? Did our prospective hiring boss believe it? Did perfection get shared as a weakness because it was secretly known that's what the hiring boss wanted to hear? In today's world, research has shown that perfection is truly a weakness for organizations, teams, and individuals. Striving for excellence and shifting our mindsets are critical for the success of our next generation of leaders and our organizational cultures. Find out the negative impacts of perfection and how to change this everincreasing challenge.

#### **Building a Culture of Trust**

Should you trust everyone? No. That would be naive. In our society, we are conditioned to be skeptical of certain situations. Do you follow a complete stranger into a dark alley? Absolutely not! On the flip side, people who do not trust anyone, ever are typically described as what? Jaded, uncaring or cold. The truth is, for most of us, we are all probably somewhere in between the two extremes. The purpose of Building Trust for High-Performance Leaders is to learn the trust factor principles and practices of trust and interpersonal communication that result in win-win relationships.

#### **Additional Topics**

Communicate Like Your Life Depends On It Serving Up the Powers of Persuasion Boundaries That Bind Us Strategy is More Than a Plan