

# **WHO IS MARK BLACK?**

Mark Black is a husband and father of three. He is also the only man in history to have completed a marathon with someone else's heart and lungs. Born with a life-threatening heart defect, Mark underwent open-heart surgery on his first day of life and was not expected to live long.

After battling his condition and its limitations for twenty-two years, Mark's doctors informed him that time had run out. His heart was failing badly and without a rare heart and double-lung transplant, he would not survive another year.

In October 2001, Mark moved thousands of kilometres from home and was put on the transplant waiting list. After nearly a year of waiting, and with time running out, by the grace of God, a donor was found. Mark received a second chance at life and has not wasted a moment because he knows exactly how precious time is.

Mark's transplant is a treatment, not a cure. He continues to take medication to prevent rejection of the organs. The average lifespan of someone with his type of transplant is 5-10 years. Mark received his transplant in 2002.

Now in his 40s, it is very unlikely he will live to see his 50s. This is what makes his message so powerful. He lives the strategies and principles he teaches. He is filled with passion and purpose for his work precisely because he doesn't know how much more time he'll be afforded to do it.

# The Highlights

- In 2005, he became the only man in history to complete a marathon with someone else's heart and lungs.
- He has worked with more than 175,000 people and spoken to over 750 audiences.
- Mark is the author of two books: 'The Resilience Roadmap' and 'Live Life from the Heart.'
- His clients include companies and organizations such as Mercedes-Benz, Exxon Mobil, Amway, and Sun Life, as well as multiple professional associations and various levels of government.



### **OUR CLIENT CRITERIA**

Mark puts his heart and soul into his work, and we seek clients who do the same. Working with a speaker should be more than just a transactional experience. If the statements below resonate with you and your organization, we will work well together.

#### 1. YOU ARE LOOKING FOR MORE THAN INFORMATION

Mark provides tangible strategies and tactics that can be immediately implemented to improve your experience at work and at home. However, the value Mark brings lies as much in the experience he creates as in the information he provides.

In today's world, information is easy to find. A speaker should offer more than just a simple transfer of information. Mark's presentations engage your audience in an emotional roller coaster ride, compelling them to implement the ideas he shares to gain the maximum benefit.

#### 2.YOU VALUE WORKING WITH A REAL PROFESSIONAL

Mark is one of less than 500 people in the world to hold the Certified Speaking Professional (CSP) designation which requires meeting a rigorous standard of stage skills and business acumen. He has worked with more than 175,000 people, in more than 750 presentations all over North America. When you bring Mark to your event you get he assurance that he will deliver on his promises.

#### 3.YOU ARE PREPARED TO BE A PARTNER

It is in both of our best interests that you get maximum value for your investment in a speaker. Mark seeks clients who see their work as a partnership and who want to work together to create the best possible experience your audience.

# WHAT CLIENTS ARE SAYING



Mark provided exactly what we wanted our people to hear. Since he spoke to us, I have heard from our management team about how powerful Mark's content was for their people.

Mark was excellent! He entertained, but he also provided tangible strategies that people could apply immediately.

Mark's impact on our conference was profound. My team and I found ourselves integrating his advice immediately following the session.

When Mark walked on stage he immediately connected with the audience. Mark Black is THE keynote speaker you need for your next event!

Yvon Laviolette, Commercial Sales MercedesBenz

We booked Mark for our virtual conference because we wanted to give our members the tools to be more resilient. Mark was very effective at engaging with people virtually and the feedback we received after his presentation was glowing.

Mark was simply perfection. Amazing! I liked everyone about his presentation, but what I liked most is that he has heart.

## **PROGRAMS**

All of Mark's programs are available in 30-90 minute versions. Mark can also provide full-day training programs on resilience, change-management, and peak-performance custom-designed for your needs.

#### **1.The Resilience Roadmap™**

Every day, we face adversity, presenting us with a crucial choice: will we rise to the challenge or retreat in the face of obstacles? In The Resilience Roadmap™, Mark doesn't just ask this question — he offers a concrete framework for triumphing against the odds. This program is an infusion of inspiration and actionable strategies, designed to eliminate excuses and foster unstoppable motivation.

#### **Key take-aways:**

- Transform challenges into catalysts for innovation and growth.
- · Cut through distractions and excuses to sharpen your focus on success.
- Strategically allocate time and energy to influence key performance metrics.
- Set and achieve goals that drive tangible results.



Elevate Your Team's Potential with Level Up<sup>™</sup>. Are you ready to propel your organization into a realm of unprecedented success? In a world where change is relentless and the stakes are sky-high, the secret to soaring success lies in a compelling vision and unwavering team commitment. Level Up<sup>™</sup> is not just a program; it's a catalyst for transformation, led by the remarkable Mark.

### **Key Take-Aways:**

- · Discover what is holding your team back from higher levels of achievement
- How to cultivate real motivation that lasts
- Help your people understand their internal drivers and leverage them for better performance
- Stretch your team's vision of what is possible and create an action plan for creating results

#### 3.Live Life from the Heart™

Transform your team's mindset and reignite their passion with Live Life from the Heart™, a pivotal program designed to elevate resilience and rekindle joy in the face of professional challenges. In today's high-pressure environment, it's easy for your team to lose sight of their passion and purpose. Live Life from the Heart™ is the key to unlocking their potential, infusing new energy into their daily tasks, and reminding them why their work matters.

### **Key Take-Aways:**

- Master the art of acceptance, focusing on what's within their control.
- Heighten their presence in an ever-distracting world.
- Rediscover the deep pride and passion in their work.
- Emerge as the best versions of themselves, motivated and inspired

### **4.Through Your Patients' Eyes™**

You care about your patients. You want to give them the best care possible. You can't be expected to do that unless you know what really matters to them. This program is an essential tool for healthcare professionals seeking to deepen their understanding and enhance the quality of their patient interactions.

### **Key Take-Aways**

- The essential 'Do's and Don'ts' to ensure every patient feels genuinely cared for
- Master the techniques to connect with your patients, fostering trust and understanding from the outset.
- Discover how to turn every day into an energizing and fulfilling experience, reducing burnout and increasing job satisfaction through meaningful patient interactions



LIVE LIFE

## **SOME of MARK'S CLIENTS INCLUDE:**

























PURΣFΔCTS















# FREQUENTLY ASKED QUESTIONS

### Q Does Mark offer other services besides keynote presentations and workshops?

Yes, Mark can share his expertise with your audience in a variety of formats, including fireside chats, virtual presentations, panel discussions, and Q&A sessions.

### Q How can we extend the impact of Mark's message beyond our event?

Mark's books and webinars are designed to enhance the impact of his keynote presentations. You can purchase books in bulk at a discounted rate in advance if you wish to provide one for each audience member. A follow-up webinar can be scheduled (Note: this requires an additional investment).

#### O How long is Mark's typical keynote presentation?

Mark's keynote presentations are most effective when he has 60-90 minutes on stage. However, he is experienced in a range of formats, from 15-minute TED Talkstyle presentations to full-day trainings. Let us know your needs, and we will collaborate with you to customize a program that meets your specific objectives.

#### Q What does Mark need on the day of the event?

Mark strives to be easy to work with and requires only four things to ensure the success of his presentation: a quality microphone, a projector, and two bottles of water. We will provide an introduction for you to read before Mark's presentation, as well as a biography and a photo for you to use in promoting your event.

### Q Can we record Mark's presentation?

Recording is not permitted without prior consent. If you would like to record Mark's presentation for your event, please consult with us in advance so we can make the appropriate arrangements. A licensing fee may apply, depending on the intended use of the recording.

## **Q** Can Mark present in French?

Yes! Mark is fluently bilingual and has presented in French many times. He can save you the cost of booking extra sessions and other speakers by doing two presentations at the same event.