



Meridith Alexander

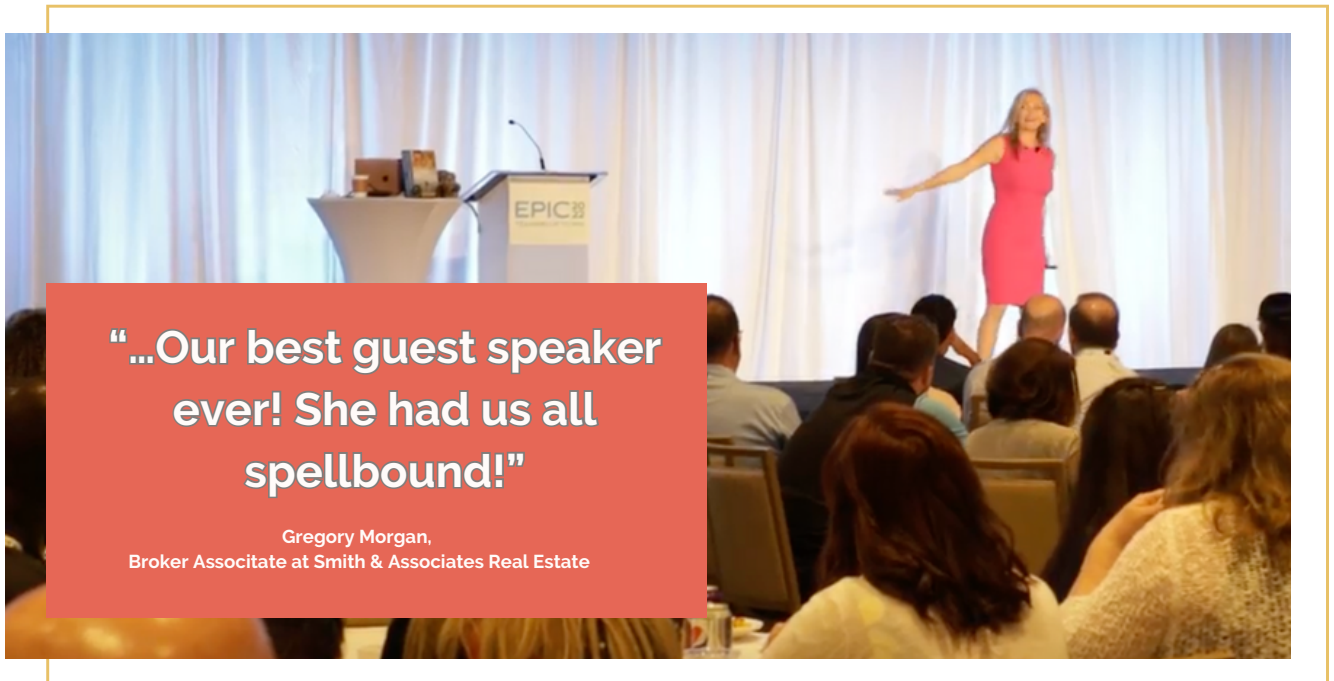
MOTIVATIONAL SPEAKER /
EXPERT IN GRIT & RESILIENCE

Meet Meridith!

EPIC LIVES. EPIC LEADERS. EPIC TEAMS.

In 2016, a boulder came plummeting off the side of a mountain. It brought with it something epic. A lesson in how to face impossibility...Change... Challenge...And the commitment to triumph... no matter what...

**Epic. It's not something you discover.
It's something you unleash.**



AUDIENCE IMPACT

“Wow! Meridith had the room at hello!”

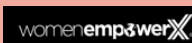
Brad Steffani, Goodwill

“...She had all of the staff up on their feet and talking about the event days after it occurred. Meridith’s key note address is life changing...”

Beth Barger, CareerSource

“Fantastic in every way! People were talking about how good she was for the rest of the event!!”

Drew Burgering, SUPDMC





SPEAKING TOPICS

- **Resilience**
- **GRIT**
- **Mindset Strategies**
- **Mental Toughness**
- **Igniting Leadership**



UNLEASH THE EPIC YOU

Thriving Through "The Impossible"

- Emerging as bigger, bolder versions of ourselves regardless of the challenge
- Unleashing the EPIC Leader within

EMBRACE YOUR "BOULDER"

Optimizing Your GRIT and Resilience in a Quantum World

- Accelerate your impact, influence and income by driving & embracing change

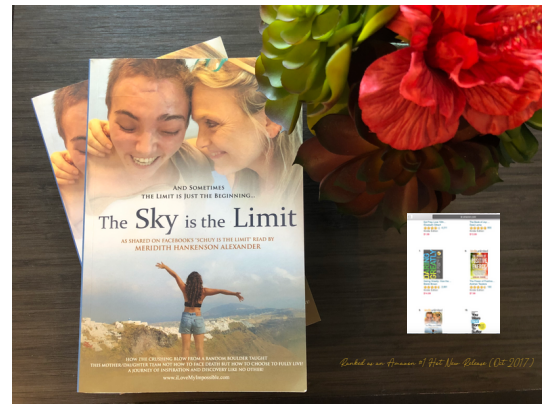
FEAR-LESS IMPACT

Redefining the Way Leaders Embrace Challenge (Even Remotely)

- Embrace Disruption and Unfamiliarity as your rocket fuel -- strategies to grow and thrive

The Story

MERIDITH & SCHUYLER



Beginning in February 2016, Meredith and Schuyler (pronounced "Sky-ler") captivated audiences around the world when Schuyler was crushed by a boulder while on a fellowship from Yale in South America.

Faced with the news of Schuy's "unsurvivable" injuries, Meredith's mastery of her own inner game as shared first on Facebook and then in her book THE SKY IS THE LIMIT became a testimony to the power of our minds to impact what's possible -- even when faced with apparently insurmountable odds.

Today, Meredith (and Schuyler) continue to inspire thousands on stages, podcasts, media appearances, videos and posts with their endless tenacity and determination to live life beyond the place where ordinary beliefs might stop them.



“
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”

Meredith Alexander



The + Options

ADD ONS: TEAM BUILDING
GAMIFICATION & THE 5-DAY
VIRTUAL TEAM CHALLENGE

The MERIDITH ALEXANDER EXPERIENCE
is all about **customization** and ...

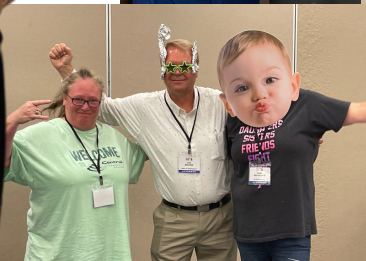
"What's in it for YOU!"

Featuring...

The
EPIC GAMES
Gamification Team Building
Experience



5-Day EPIC YOU
VIRTUAL TEAM
CHALLENGE





WORKING TOGETHER IS DELICIOUSLY EASY!

STEP 1: Connect with me directly or through your favorite agency so that we can understand your needs, answer any questions & design the experience that is perfect FOR YOU!

STEP 2: Contract details are verified and fully executed as discussed. You'll be asked to submit a good faith deposit.

STEP 3: We begin the advance work, including interviewing members of your group, if desired. Two weeks prior to your event, we'll confirm logistics, tech and arrival details. EASY PEASY! BOOYAH!

WE PRIDE OURSELVES ON
OUR CUSTOMIZATION &
ABILITY TO REPLY QUICKLY



GET IN TOUCH

My mission is to help 5 million professionals unleash the epic version of themselves by 2025 and come even more alive in the process. And who knows? Maybe even make a profoundly positive impact on the world while they're at it! I would love for YOU & YOUR TEAM to be part of that vision!

In Joy,
Meridith

