



DEREK DEPREY

FIT TO LEAD

Derek Deprey

SPEAKER | AUTHOR | COACH

LEADERSHIP EXPERT

Meet Derek Deprey, a leadership speaker, coach, and bestselling author of *SHIFT: Move from Frustrated to Fulfilled*. As Head of Employee Success at ETE REMAN, he leads and inspires individuals and teams to reach their full potential. Derek created his business, Fit to Lead, to transform average managers into effective leaders with a multi-phase curriculum. Derek is a loving husband and proud father to two daughters. He believes in the simple joys of life and uses his experiences to help people unleash their inner leader. To learn more about Derek Deprey and his life-changing work, visit his website, DerekDeprey.com.

WHY WORK WITH DEREK

Customized Content for a Personalized Experience:

Derek's events are tailored to specifically address challenges and opportunities. He studies your organization and integrates your mission, vision, values, and goals.

Interactive & Inspiring Presentations:

Derek delivers thought-provoking keynotes and workshops that energize his audience. He motivates the participants to act long after your event.

Leadership Development Program:

Derek's Fit to Lead curriculum provides a roadmap to create a culture shift towards increased employee effectiveness, engagement, and retention. He creates customized handouts and resources with action items.

Entertaining & Passionate Delivery:

Derek is committed to delivering practical content in an engaging and enthusiastic way, making participants laugh and learn at the same time. He shares his failures and teaches you how to learn from them.

Expertise in Employee Success:

As an experienced HR and operations executive, Derek understands the importance of finding the right speaker. He facilitates a rigorous pre-event process to help organizations make the right decision.

KEYNOTE

SHIFT: Move from Frustrated to Fulfilled

Every day, we move in one direction or another. We're free to choose from endless possibilities. Only you can choose the direction for the rest of your life. Whether you are a seasoned executive, emerging leader, stay-at-home parent, or college student, frustration is inevitable. Now is the time for you to SHIFT from, "I'm so busy and stressed," to, "I'm living my ideal life right now." In this presentation, Derek will teach you a 5-gear process that you can apply in your personal and professional lives. Each gear will uniquely move you from frustrated to fulfilled. Through powerful questions and compelling exercises, you'll discover how to make today the day you are inspired to change. It's your next move!

WORKSHOPS

Execute: 10 Habits That Will Transform Your Work & Life

Live Well, Lead Well: 5 Practices to Feel Better in Work & Life

The Miracle of Teamwork: Together We Can Do the Impossible

Giving Feedback and Having Difficult Conversations

Motivating People Through Performance Reviews, Stay Interviews & Quarterly Conversations

Assigning Work & Setting Expectations

Tackling Your Top Priorities at Work

Driving Accountability

The 5 Levels of Leadership: Proven Steps to Maximize Your Potential
(John Maxwell Certified Content)

Becoming a Person of Influence: How to Positively Impact the Lives of Others
(John Maxwell Certified Content)

DEREK IS PROUD TO HAVE WORKED WITH

KOHL'S

MOLSON COORS
beverage company

KOHLER

 **GE Capital**

iHRSA

atd Association for Talent Development

 **CLUB MANAGEMENT ASSOCIATION of AMERICA**

 **goodwill**

Johnson Controls

Froedtert & MEDICAL COLLEGE of WISCONSIN

PM Project Management Institute

 **MPI**

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