



Sarah Ciavarri

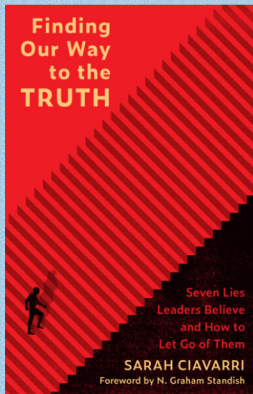
Keynote Speaker



Executive Coach



Author



HELPING LEADERS ADAPT AND THRIVE DURING DISRUPTION

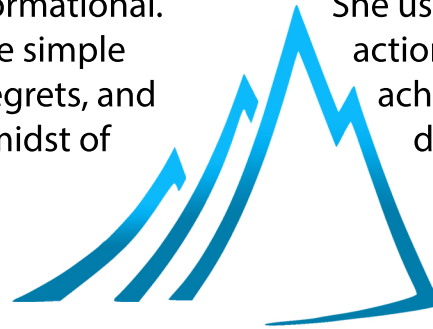
Sarah is an executive coach and author who's been in the business of empowering leaders to thrive in disruption for over two decades.

She is certified to facilitate all of Dr. Brene' Brown's programs and has coached thousands to be more resilient.

She doesn't just talk about putting yourself out there - she lives it, like the time she sang *The Star Spangled Banner* at a nationally televised Twins game.

Sarah's programming is playful, telling, and transformational. research to provide simple chaos, minimize regrets, and excellence in the midst of

power packed with story She uses relatability and actions to stay calm in achieve professional disruption.



POPULAR PROGRAMS:

- So Over It! Overcome the Overwhelm of Disruption with Resilience
- Unmask the Seven Leadership Lies and What to Do Next
- Passion, Purpose, and Paychecks: Unveiling the Heart of Employment
- Put More *Kind* in *Human* to Boost Your ROI
- Dare to Lead™ based on Dr. Brene' Brown's research

What People Are Saying About Sarah Ciavarri

Sarah Fulton

MN Organization for Leaders in Nursing



Hands down Sarah's delivery was engaging, relatable, and left the group with tools to help in all aspects of our lives. Sarah overall was an absolute joy.

MyLinda Anderson

Chair at ITW Women's Network



Sarah's message on self-compassion, boundaries, and kindness really hit home for our group and inspired us to implement the tools she taught us right away.

Brian Beckstrom

Valparaiso University



Sarah's warm demeanor won over even the most ardent skeptics and by the end of the 2-day workshop we had made incredible progress. The results were astonishing.

To Connect Sarah And Book An Event, Call

612-803-4512

Or Email

more@conversion-omics.com

Certifications



Past Clients

